

Episode 24

15 second INTRO

Most people overestimate what they can accomplish in 1-year because they under-perform.

Today's Big Idea

Use a GPS to get from where you are to where you are going.

What is The ONE Thing Workshop

My name is Josh Friberg. I am a life-long trainer.

I am a certified trainer of The ONE Thing Workshop, built off the best seller by Gary Keller and Jay Papasan. Who is this for? The entrepreneur, business owner, or leader looking for greater productivity, lower stress, and how to balance well in your professional and personal life.

We are going to go deep into making your life amazing, not by doing more, but by doing less.

Body

→Goal

→Priority – 3 priorities that must be accomplished to achieve the goal (Don't focus on all 3 at once)

→Strategy – 5 strategies

Who?

By When?

\$/month

-Marketing

-Customer experience

-Team environment

February 22nd – TOT Workshop at 1:00 PM

Outro

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For show notes, visit concept1training.com

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